



BODY TREATMENTS

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WEIGHT MANAGEMENT



Carrying excess weight affects more than appearance—it can increase the risk of metabolic disorders, fatigue, joint strain, and cardiovascular issues. Weight gain may also be influenced by underlying medical conditions, which is why we begin with comprehensive blood tests to ensure there are no hidden causes. Many patients struggle with persistent cravings, slowed metabolism, or difficulty maintaining healthy habits, making long-term weight control challenging.

At Dermaluxe, we emphasize that the most sustainable weight management comes from lifestyle and habit modification, supported by structured medical guidance when needed. Temporary medical support, such as weight loss pens, can help jump-start progress, with patients often achieving up to 1 kg weight reduction per week under supervision. However, the ultimate goal is to achieve lasting weight control through healthy, independent habits. This approach addresses both the physical and behavioral challenges of weight management, empowering patients to maintain energy, metabolic health, and confidence for the long term.



TARGETED FAT LOSS



Stubborn fat in specific areas—such as the abdomen, thighs, or arms—can resist diet and exercise, affecting body shape and confidence. These pockets of fat often make clothing fit unevenly, reduce comfort during movement, and create self-consciousness in social or professional settings. Localized fat can also impact posture and mobility over time, especially when combined with aging or lifestyle changes. At Dermaluxe, we understand that addressing these problem areas is about more than aesthetics—it’s about helping patients feel comfortable, confident, and empowered in their own body.



MEDICAL GYM



Dermaluxe created the Medical Gym concept to offer a revolutionary approach to body sculpting and wellness. Muscles are central to overall health—they boost metabolism, support posture, and help the body burn fat more efficiently, making it harder to gain weight. This concept combines Emsculpt and Exilis Body for muscle building and skin tightening, and X Wave for cellulite and texture improvement. Together, these treatments provide a comprehensive, science-backed program that sculpts, tones, and strengthens the body—delivering firmer, leaner, and healthier results.



PROFESSIONAL BODY COMPOSITION ANALYSIS



Weight alone doesn't tell the full story of health. Professional Body Composition Analysis gives a comprehensive view of fat, muscle, water balance, and overall body composition. Understanding these metrics helps identify areas for improvement and informs personalized nutrition, exercise, and weight management plans. This data-driven approach allows you to track progress, set realistic goals, and optimize results safely and efficiently. Regular assessments empower you to make informed decisions about your health and achieve sustainable, long-lasting outcomes.

