



WELLNESS TREATMENTS

POST NATAL WELLNESS	01
CORE TO FLOOR WELLNESS	02
URINARY INCONTINENCE	03
SENIOR MUSCLE WELLNESS	04
FATIGUE	05
EXCESSIVE SWEATING	06

POST-NATAL WELLNESS



Motherhood brings joy, but it also brings real physical challenges that many women silently endure. Studies show that up to 60% of women experience diastasis recti (separation of abdominal muscles) after childbirth, and 1 in 3 women develop urinary incontinence. Others face sagging skin, stubborn fat around the tummy, and stretch marks that affect confidence.

At Dermaluxe, we created Myanmar’s first Post-Natal Wellness Program to help women recover safely and completely. Our program combines Emsculpt to rebuild core strength, Emsella to restore pelvic floor control, Exillis to tighten loose skin, and X Wave to reduce fat and stretch marks. Unlike quick fixes, our approach is medically supervised, non-invasive, and tailored to each mother’s needs.

Beyond the physical recovery, many women report better posture, improved confidence, and renewed intimacy with their partners. We believe every mother deserves not just to “bounce back,” but to feel strong, beautiful, and empowered again.



CORE TO FLOOR WELLNESS



Your body’s foundation is your core and pelvic floor. Weakness in these areas can cause back pain, poor posture, urinary leakage, and even reduced performance in sports and daily activities. Research shows that pelvic floor dysfunction affects up to 25% of women and increases with age. Our Core to Floor Program uniquely combines Emsculpt for abdominal muscles and Emsella for pelvic floor muscles—treating two critical areas at once. In clinical studies, patients experienced up to 16% increase in muscle mass and significant improvement in continence and core stability. This holistic approach doesn’t just improve appearance—it restores function, balance, and confidence from the inside out. Whether after childbirth or with aging, this program helps you feel strong, centered, and supported again. Focus more on the core to floor concern.



URINARY INCONTINENCE



Urinary incontinence is more common than many people realize, yet it often remains a silent struggle. Studies show that over 400 million people worldwide are affected.

There are several types of urinary incontinence. Stress incontinence happens when physical pressure on the bladder causes leaks, often after childbirth or pelvic surgery. Urge incontinence, sometimes called “overactive bladder,” involves a sudden, intense urge to urinate. Other forms may be linked to aging, hormonal changes, neurological conditions, or prostate health in men. Untreated incontinence can affect emotional well-being, sleep quality, and intimate relationships, yet most people wait years before seeking help.

At Dermaluxe, we approach urinary incontinence with compassion, privacy, and respect. Recognizing and addressing incontinence is the first step toward restoring confidence and improving quality of life.



SENIOR MUSCLE WELLNESS



Muscle is the key to independence in aging. Starting at age 30, adults lose 3–5% of muscle mass every decade if not actively maintained. After 60, the decline accelerates to nearly 1% of total muscle mass per year, a condition known as sarcopenia. This leads to weakness, falls, fractures, and loss of independence.

At Dermalux, we help seniors fight back against muscle loss with Emsculpt technology, which stimulates thousands of supramaximal muscle contractions in a single session. Clinical data shows measurable increases in muscle thickness and strength within 4–6 weeks, even in older adults.

Strong muscles are not only for appearance—they support metabolism, balance, bone health, and longevity. By rebuilding muscle safely and effectively, we help seniors maintain mobility, reduce fall risk, and enjoy a higher quality of life. Because true wellness in the golden years is about staying strong enough to keep living fully.



FATIGUE & NAD+ DRIP THERAPY



If you feel tired all the time, struggle to focus, or wake up unrefreshed, it may not just be lifestyle—it may be cellular. NAD+ (nicotinamide adenine dinucleotide) is a vital molecule that fuels energy production in every cell. Unfortunately, NAD+ levels naturally decline with age, stress, and poor sleep, leading to fatigue, brain fog, muscle weakness, and slower recovery.

Our NAD+ IV Therapy replenishes these levels directly into the bloodstream for maximum absorption. Research shows that NAD+ therapy supports better sleep, enhanced memory, improved mood, and faster muscle repair. Patients often report feeling more energized, focused, and resilient after a course of treatments.

At Dermaluxe, NAD+ is more than a drip—it is a scientifically backed reset for body and mind, giving you the strength to perform at your best again.



EXCESSIVE SWEATING (HYPERHIDROSIS)



Hyperhidrosis is caused by overactive eccrine glands, leading to persistent sweating that can significantly affect daily comfort and confidence. Targeted neuromodulator injections temporarily block the chemical signals that activate sweat glands, offering precise and effective control. Treatment areas commonly include underarms, palms, and soles, with results lasting several months. By addressing the root cause, we restore dryness, comfort, and quality of life without invasive procedures. This medically proven solution is both safe and transformative for patients struggling with excessive perspiration.

